A. V. C. COLLEGE OF ENGINEERING Approved by AICTE, Affiliated to Anna University Re-Accredited by NAAC with 'B++' Grade (2nd Cycle) An ISO 9001:2015 Certified Institution Mannampandal, Mayiladuthurai, Nagapattinam District, Tamilnadu- 609 305. Ph: 04364-227202, Fax: 04364-227299 www.avccengg.net 25 years of excellence in technical education BIO INDIA GREEN INDIA

YOGA CLUB & NDLI CLUB

Jointly Organizes

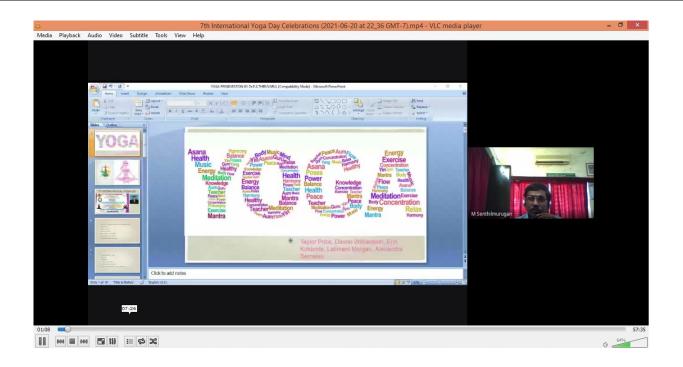
International Yoga Day Celebration 2021

A.V.C. College of Engineering celebrated 7th International yoga day on 21st June 2021 through Google Meet. Dr.P.S. Thiruvarul Kamala Arumugam B.S.M.S., MD (Sidhaa) Special Medical Officer, Tamil Nadu, consented to be the chief guest and demonstrated the Yoga Postures assigned by the Ministry of Ayush. Dr. M.Senthil Murugan, Director (Administration), A.V.C College of Engineering, gave the presidential address. He stated that "Yoga will not only help you to keep fit but also help you to lead better and healthy life". Earlier Mr.S.Senthilnathan Yoga Coordinator welcomed the gathering. Principal Dr.C.Sundarraj, Vice Principal Dr.S.Selvamuthukumaran, Dean (Academics), Director R&D, Heads of various Departments, faculty members (Teaching & Non-Teaching) and a group of Students were participated through Google meet. The programme was organized through Yoga Club and NDLI Club of AVC College of Engineering.

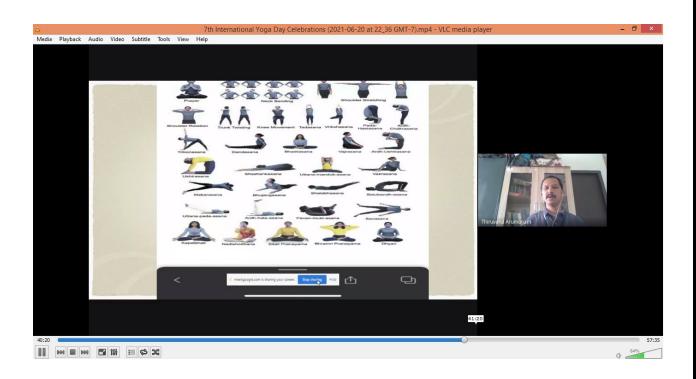
Google Meet link: 7th International Yoga Day Celebrations

Video call link: https://meet.google.com/yvt-ueib-cjq
Or dial: (US) +1 727-228-1555 PIN: 663 229 460

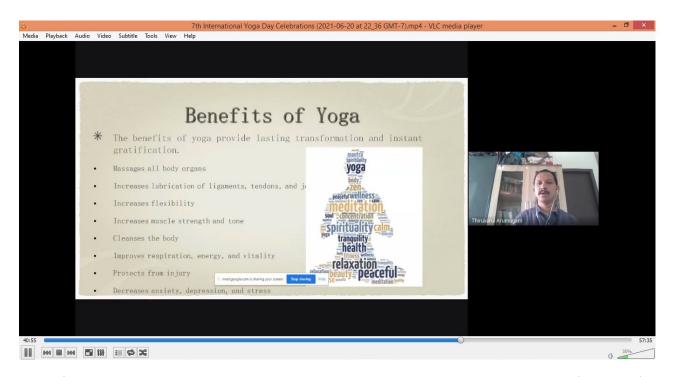
Monday, June 21 · 10:45am – 12:15pm



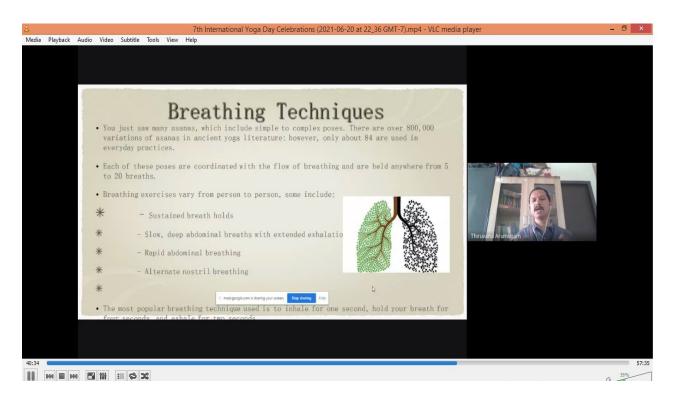
Dr. M.Senthil Murugan, Director (Administration), A.V.C College of Engineering, gave the presidential address.



Chief guest **Dr.P.S. Thiruvarul Kamala Arumugam** B.S.M.S., MD (Sidhaa) Special Medical Officer, Tamil Nadu, demonstrated the Yoga Postures assigned by the Ministry of Ayush.



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