



A.V.C COLLEGE OF ENGINEERING
MANNAMPANDAL, MAYILADUTHURAI
(Approved by AICTE, Affiliated to Anna University
Re-Accredited by NAAC with 'B++' Grade (2nd Cycle)
An ISO 9001:2015 Certified Institution)



YOGA CLUB

Organizes

INTERNATIONAL YOGA DAY CELEBRATIONS

We cordially invite you for the International Yoga Day Celebrations on
21-06-2019 by 08.00 a.m at PEKAK hall

Dr.P.S.Thiruvurul Kamala Arumugam B.S.M.S., MD(S) Spl. Med,
Assistant Medical officer (Siddha),

&

Dr.R.Sarathchandar., M.B.B.S., Block Medical Officer
Contested to be the chief guest.

Thiru K.Karthikeyan M.C.A., Secretary, A.V.C. Institutions will preside
over the Function.

Invite You All

A.V.C.College of Engineering celebrated 5th International yoga day on 21st June 2019. Dr. R.Sarathchandar, M.B.B.S, Block Medical Officer, delivered the presidential address. He indicates that “Yoga is the journey of the self, through the self, to the self”. Dr.S.Selvamuthukumaran Principal, A.V.C College of Engineering, preside over the function. Earlier Mr.S.Senthilnathan, Yoga Coordinator welcomed the gathering. Heads of various Departments, faculty members (teaching & Nonteaching) and a group of Students participated. Dr.P.S.Thiruvarul Kamala Arumugam B.S.M.S., MD(S) Spl. Med, Asst. Medical Officer (Siddha) demonstrated the Yoga Postures assigned by the Ministry of Ayush, and Mr.A.P.Prabakaran, Assistant professor, (ECE) given the vote of thanks. The programme was organized by the Yoga Club of AVC College of Engineering.





