

A.V.C. COLLEGE OF ENGINEERING

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| An ISO 9001:2008 Certified Institution |

MANNAMPANDAL, MAYILADUTHURAI-609305

NAGAPATTINAM DISTRICT, TAMILNADU

YOGA CLUB

A.V.C. College of Engineering celebrated 3rd International yoga day on 21st June 2017. Mr.K.Sethuraman, Former Member, A.V.C Educational Institution, delivered the presidential address. He indicates that “Yoga is the journey of the self, through the self, to the self”. Dr. M. Senthil Murugan, Director, A.V.C College of Engineering, gave the special address. Earlier Mr. M. Kiran Kumar, Assistant professor, (ECE) welcomed the gathering. Heads of various Departments, faculty members (teaching & Nonteaching) and a group of Students participated. Mr.Saravanan from MANAVALA KALAI YOGA demonstrated the Yoga Postures assigned by the Ministry of Ayush, and Mr.S.Senthilnathan Yoga Coordinator given the vote of thanks. The programme was organized by the Yoga Club of AVC College of Engineering.





