

A.V.C. COLLEGE OF ENGINEERING

Approved by AICTE, New Delhi | Affiliated to Anna University, Chennai |

| Accredited by NBA | NAAC with 'B' Grade (CGPA '2.73') |

| An ISO 9001:2008 Certified Institution |

MANNAMPANDAL, MAYILADUTHURAI-609305

NAGAPATTINAM DISTRICT, TAMILNADU

YOGA CLUB

A.V.C. College of Engineering celebrated 2nd International yoga day on 21st June 2016. Mr.S.Thirumaran, from MANAVALA KALAI YOGA MANDRAM delivers the presidential address. He said a quote about Yoga “The Body Achieves what the mind believes”. Dr.S.Balasubramanian, Principal A.V.C College of Engineering, gave the special address. Earlier Dr.G.Pradeep (DEAN Academics) welcomed the gathering. Heads of various Departments, faculty members (Teaching & Non-Teaching) and a group of students have participated. Mrs.D.Jayanthini, Mr.R.Ragupathi, Mrs.K.Jayanthi from MANAVALA KALAI YOGA MANDRAM demonstrated the various Yoga Postures assigned by the Ministry of Ayush to all participants. Mr.S.Senthilnathan, Yoga Coordinator gave the vote of thanks. The programme was organized by the **Yoga Club of AVC College of Engineering.**

