

## A.V.C. COLLEGE OF ENGINEERING

Approved by AICTE & Affiliated to Anna University
Accredited by NAAC 'A' Grade (3rd cycle) & NBA (CSE, EEE, ECE & MECH)

(An ISO 9001:2015 Certified Institution)

MAYILADUTHURAI, MANNAMPANDAL - 609 305





YOGA CLUB



Organizes

## 11th INTERNATIONAL YOGA DAY CELEBRATIONS

We cordially invite you for the International Yoga Day Celebrations

on

20-06-2025 by 10.00 a.m.

at PEKAK hall

Invited Guest

Dr.P.ANANDAKUMAR, M.Sc., M.Ped., M.Sc (Yoga)., M.Phil (Yoga)., Ph.D.
PHYSICAL EDUCATION DIRECTOR,
A.V.C.COLLEGE OF ENGINEERING, MAYILADUTHURAI

"One Earth One Health"

Mr.S.Rameshwaran Yoga Club Co ordinator Dr.P.Balasubramanian Principal Dr.M.Senthilmurugan Director

## 11th INTERNATIONAL YOGA DAY CELEBRATION REPORT

A.V.C. College of Engineering celebrated 11<sup>th</sup> International yoga day on 21<sup>st</sup> June 2025. Dr. P.Balasubramanian, Principal, A.V.C College of Engineering delivered the presidential address and preside over the function. Dr.P.Anandakumar, M.Sc, M.Ped, M.Sc(Yoga), M.Phil(Yoga), Ph.D. Physical Education Director, A.V.C. College of Engineeringdemonstrated the Yoga Postures. The programme was organized by the Yoga Club of AVC College of Engineering.

## **GLIMPSES OF YOGA DAY 2025**



**Presidential Address** 



**Honoring the Chief Guest** 





Yoga activities by the Faculties