A.V.C. College of Engineering

Department of Management Studies Organizes

ICSSR Sponsored-Two Days National Seminar

"Health Rights and Legal Awareness: Enhancing Access to Healthcare for Rural Women"

5th & 6th September 2024-Session-wise Report

Day 1 -5.9.2024

Theme-Understanding Health Rights and Barriers to Access

Registration and Welcome

(9:30 AM - 10:00 AM)

Sixty Participants have registered and Our team gave a seminar kit (File, Note pad, Pen, Seminar Schedule) to all sixty participants.











Inauguration- Chief Guest Address- "Social Media and Cybercrime Security" and Seminar Proceedings Publication

(10:00 AM-10:45 AM)

Thiru. G. Stalin,

Superintendent of Police,
District Police Office,
Mayiladuthurai.



Thiru. G. Stalin, the Superintendent of Police from the District Police Office in Mayiladuthurai, delivered an inaugural address on "Social Media and Cybercrime Security" during the ICSSR Sponsored Two-Day National Seminar on "Health Rights and Legal Awareness: Enhancing Access to Healthcare for Rural Women."



Welcoming-Chief Guest



Honouring -Chief Guest

His enlightening address focused on the unique challenges rural women face in the realm of social media and cybercrime. Emphasizing the importance of cybersecurity, Thiru. Stalin highlighted strategies to protect personal information and enhance digital safety for rural communities.

Publication of Proceedings:

The seminar proceedings, encapsulating these crucial insights and more, were formally published and received by the Director of A.V.C College of Engineering, marking a significant contribution to the ongoing discourse on health rights and legal awareness.





Key note Address:

Dr.Deepa Jayaraman, District mission coordinator, District hub for empowerment of women District Social Welfare Department, Mayiladuthurai, delivered a compelling keynote address on the "Importance of Health Rights and Legal Awareness for Rural Women" at the ICSSR Sponsored Two-Day National Seminar. She emphasized the critical need for raising awareness about health rights among rural women, highlighting the significant barriers they face in accessing healthcare services.

She discussed various legal frameworks and policies designed to protect and empower rural women, ensuring they receive the healthcare they deserve. Her address underscored the importance of education and legal awareness in bridging the gap between rural women and essential health services, advocating for more robust support systems and outreach programs. Her insights provided a foundation for further discussions and initiatives aimed at enhancing the well-being and rights of rural women.





Key note Address Session 1

(11:00AM-12:00 PM)

The Role of Education in Enhancing Health Rights Awareness

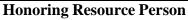
Dr.S.A.Senthil Kumar

Professor
Department of Management
Pondicherry university
Karaikal campus
Karaikal



Dr. S.A. Senthil Kumar, a distinguished Professor, delivered an insightful and compelling address on "The Role of Education in Enhancing Health Rights Awareness" during the ICSSR Sponsored Two-Day National Seminar on "Health Rights and Legal Awareness: Enhancing Access to Healthcare for Rural Women." He emphasized the transformative power of education in raising awareness about health rights and legal provisions, particularly among rural women. Dr. Kumar underscored the significant impact that informed and educated individuals can have on their communities, highlighting the correlation between education and improved health outcomes.







Chief Guest Address

He discussed how education serves as a vital tool for empowering women to understand, claim, and advocate for their health rights, thereby facilitating better access to healthcare services. By integrating health rights education into the broader educational curriculum, women can be equipped with the knowledge to navigate healthcare systems effectively, understand their entitlements, and challenge injustices.

Dr. Senthil Kumar shared success stories and case studies of educational initiatives that have led to remarkable improvements in health awareness and access in rural areas. He also pointed out the importance of community-based educational programs that tailor their approach to the specific needs and contexts of rural women. His address called for a collaborative effort among educators, healthcare providers, and policymakers to create sustainable educational frameworks that prioritize health rights awareness.

Dr.Senthil Kumar's insights provided a robust foundation for the seminar's discussions, emphasizing the need for continued advocacy and strategic implementation of educational programs to bridge the gap in healthcare accessibility for rural women. His address resonated with the audience, highlighting the critical role that education plays in fostering an informed and empowered populace capable of driving positive change in rural healthcare landscapes.

Session 2

(12:00PM -1:00 PM)

Telemedicine and Digital Health Solutions for Rural Women

Dr. D H Malini
Associate Professor
Department of Management
Pondicherry university
Karaikal campus
Karaikal



Dr. D. H. Malini, Associate Professor, delivered an enlightening address on "Telemedicine and Digital Health Solutions for Rural Women" at the ICSSR Sponsored Two-Day National Seminar on "Health Rights and Legal Awareness: Enhancing Access to Healthcare for Rural Women." She highlighted the transformative potential of telemedicine and digital health solutions in bridging the healthcare gap for rural women. Dr. Malini emphasized how digital health technologies can overcome geographical barriers, providing rural women with access to quality healthcare services that were previously out of reach. She discussed various telemedicine initiatives and digital health platforms that have been successfully implemented in rural areas, showcasing their impact on improving health outcomes and accessibility.





Dr. Malini also addressed the challenges associated with digital health solutions, such as digital literacy, internet connectivity, and the need for tailored healthcare approaches that consider the unique needs of rural women.

She advocated for comprehensive training programs to enhance digital literacy among rural populations and stressed the importance of developing user-friendly health technologies. Her address underscored the necessity of a multi-faceted approach, combining technology, education, and community engagement to ensure the effective adoption and utilization of telemedicine services.



The address by Dr. Malini provided valuable insights into the potential of digital health innovations to revolutionize healthcare delivery in rural areas. It highlighted the importance of continued investment in telemedicine infrastructure and the development of inclusive health policies that prioritize the needs of rural women. Her presentation was a significant contribution to the seminar, sparking discussions on the future of healthcare accessibility and the role of technology in promoting health equity.

Session 3 (2:00 PM -3:00 PM)

Identifying Barriers to Healthcare Access for Rural Women

Dr.M.Vasuki M.B.B.S.,M.D

(Internal Medicine)

M.Y General and Kidney Care Hospital, Mayiladuthurai.



Dr. M. Vasuki, M.B.B.S., M.D. (Internal Medicine), delivered a thought-provoking address on "Identifying Barriers to Healthcare Access for Rural Women" during the ICSSR Sponsored Two-Day National Seminar on "Health Rights and Legal Awareness: Enhancing Access to Healthcare for Rural Women." Dr. Vasuki emphasized the numerous obstacles that rural women face in accessing healthcare services, which significantly impact their health outcomes. She identified key barriers, including geographical isolation, limited availability of healthcare facilities, financial constraints, lack of transportation, and socio-cultural factors such as gender discrimination and lack of awareness about health rights.



Dr. Vasuki also highlighted the shortage of healthcare professionals in rural areas and the limited availability of specialized medical services, which further exacerbate the healthcare disparities. She pointed out the importance of community-based healthcare interventions and the need for policies that specifically address the unique challenges faced by rural women. Additionally, she stressed the role of local governments and non-governmental organizations in implementing programs that improve healthcare infrastructure and provide education on health rights.



Through case studies and real-life examples, Dr. Vasuki illustrated the profound impact of these barriers on the health and well-being of rural women. Her address called for a multi-pronged approach to mitigate these challenges, involving policy reforms, increased funding for rural healthcare, and the integration of telemedicine and mobile health units to reach underserved populations. Dr. Vasuki's insights were crucial in understanding the complexities of healthcare access in rural settings and provided a foundation for developing strategies to enhance healthcare delivery to rural women.

Her presentation was a pivotal part of the seminar, encouraging discussions on actionable solutions and collaborative efforts to ensure that rural women receive the healthcare they need and deserve.

Session 4

(3:15 PM- 4:30 PM)

Paper Presentation by Participants

Dr.G.Sridevi

Department of Management Studies, A.V.C.College of Engineering, Mannampandal, Mayiladuthurai.Tamil Nadu.

The paper presentation session, chaired by Dr. G. Sridevi from the Department of Management Studies at A.V.C. College of Engineering, was a highlight of the ICSSR Sponsored Two-Day National Seminar on "Health Rights and Legal Awareness: Enhancing Access to Healthcare for Rural Women." Participants from diverse academic and professional backgrounds presented their research findings, offering a wide range of perspectives on issues related to health rights and legal awareness for rural women.





Dr. Sridevi expertly guided the session, ensuring a structured and engaging discussion. The presentations covered various topics, including innovative healthcare delivery models, the impact of legal frameworks on health access, and case studies of successful interventions in rural settings. Each presenter provided valuable insights and evidence-based recommendations aimed at improving healthcare accessibility and awareness among rural women.

The session fostered an interactive environment where participants could engage in meaningful dialogue, share best practices, and explore collaborative opportunities. Dr. Sridevi's thoughtful questions and comments helped to deepen the analysis and understanding of the presented papers, making the session highly informative and impactful. Her leadership and expertise were instrumental in facilitating a productive and enriching discussion.









Overall, the paper presentation session chaired by Dr. G. Sridevi was a significant component of the seminar, contributing to the broader objectives of enhancing health rights and legal awareness for rural women.

Session 5 - (9:45 AM-10:45 AM)

The Role of International Organizations in Advancing Women's Health

Dr.R.Chandrasekar, Assistant Professor,

Department of Law, School of Legal Studies, Central University of Tamil Nadu, Thiruvarur

Dr. R. Chandrasekar, Assistant Professor at the Department of Law, School of Legal Studies, Central University of Tamil Nadu, delivered a thought-provoking guest lecture on "The Role of International Organizations in Advancing Women's Health" at [Insert Venue]. The lecture highlighted the significance of international organizations in promoting women's health globally. He began by emphasizing the importance of women's health as a critical aspect of human rights. He explained how international organizations have played a pivotal role in advancing women's health through various conventions, treaties, and programs.





Dr. Chandrasekar discussed the significance of UN conventions such as the Convention on the Elimination of All Forms of Discrimination against Women (CEDAW), the Beijing Platform for Action, and the Sustainable Development Goals (SDGs), particularly Goal 3 (Good Health and

Well-being) and Goal 5 (Gender Equality). He highlighted WHO's efforts in promoting women's health through initiatives such as the Global Strategy for Women's, Children's and Adolescents' Health, and the Department of Maternal, New born, Child and Adolescent Health.

Dr. Chandrasekar explained how UN Women works to address gender-based violence, promotes economic empowerment, and supports policy reforms to advance women's health. He explained how UN Women works to address gender-based violence, promotes economic empowerment, and supports policy reforms to advance women's health. The speaker discussed the challenges faced by international organizations in advancing women's health, including cultural and socio-economic barriers, and highlighted opportunities for collaboration and innovation.

Dr. Chandrasekar concluded by emphasizing the crucial role international organizations play in promoting women's health and well-being. He stressed the need for continued cooperation between governments, civil society, and international organizations to address the persisting disparities in women's health.

Session 6 – (11:00AM- 12:00PM)

Legal Recourse and Advocacy for Health Rights Violations

A.Priyanka B.Sc., B.L.,

Advocate, District court, Mayiladuthurai.

The guest lecture on "Legal Recourse and Advocacy for Health Rights Violations" delivered by A. Priyanka, Advocate at the District Court of Mayiladuthurai, provided an insightful examination of the legal frameworks and advocacy mechanisms available for addressing violations of health rights. The session aimed to enhance understanding among students and professionals about the intersection of law and health rights.



The lecture began with an introduction to health rights, emphasizing that they encompass the right to access adequate healthcare services, safe drinking water, adequate sanitation, and a healthy environment. She discussed international treaties such as the International Covenant on Economic, Social and Cultural Rights (ICESCR) and national laws like the Right to Health as enshrined in the Indian Constitution and specific legislations.



Ms. Priyanka highlighted common health rights violations, including denial of access to medical services, substandard healthcare facilities, and discrimination in the provision of health services. She shared Real-life examples and case studies were also presented to illustrate how these violations manifest in various contexts. Her lecture provided valuable insights into the intersection of law and health rights. The session not only highlighted the importance of legal recourse and advocacy but also equipped attendees with practical knowledge on how to address and prevent health rights violations.

The session was an enriching experience for all attendees, offering both theoretical understanding and practical guidance on navigating the complexities of health rights law.

Session 7 (12.00 PM-1.00 PM)

"Legal Literacy for Students: Rights, Risks, and Responsibilities"

Mrs. Karkulali Police-Mayiladuthurai

The guest lecture on "Legal Literacy for Students: Rights, Risks, and Responsibilities," delivered by Mrs. Karkulali, a police officer from Mayiladuthurai, aimed to enlighten students about their legal rights, the risks they may encounter, and their responsibilities within the legal framework. The session was designed to foster a better understanding of the law among students and equip them with essential legal knowledge

Mrs. Karkulali began by explaining students' fundamental rights, including the right to education, freedom of speech, and protection from discrimination. She emphasized the importance of knowing and exercising these rights within legal boundaries. She outlined specific rights applicable to minors, such as protection from child labor, abuse, and neglect, according to various child protection laws. The discussion included potential legal consequences of engaging in risky behaviors, such as legal action and criminal charges, and the importance of understanding these risks to make informed decisions.

Mrs. Karkulali emphasized the role of students as responsible citizens who must contribute positively to society and adhere to legal standards to avoid conflicts with the law. She stressed that legal literacy is crucial for students to navigate their rights and responsibilities effectively. She provided practical advice on how to seek legal help and resources available for legal education. She also shared the Strategies for preventing legal issues, including awareness programs, responsible use of technology, and engaging in positive activities, were discussed to help students avoid potential legal troubles.

Mrs. Karkulali's lecture on "Legal Literacy for Students: Rights, Risks, and Responsibilities" provided valuable insights into the legal aspects relevant to students. The session enhanced the participants' understanding of their rights and responsibilities while highlighting the importance of legal literacy in everyday life.

Session 8 (1:45 PM -2:45 PM)

Combating Gender-Based Violence and Its Impact on Health

Dr. Amirthalingam. S

Professor of Law Tamil Nadu National Law University Navalurkuttapattu, Srirangam Taluk, Tiruchirappalli - 620 027

Dr. Amirthalingam S., Professor of Law at Tamil Nadu National Law University, delivered a compelling guest lecture on "Combating Gender-Based Violence and Its Impact on Health" at [Insert Venue]. The lecture was organized to address critical issues surrounding gender-based violence (GBV) and its extensive impact on health. The session was attended by students, faculty members, and professionals interested in understanding and combating GBV.





Dr. Amirthalingam began the lecture by defining gender-based violence as any harmful act directed at individuals based on their gender, which encompasses various forms including physical, sexual, psychological, and economic abuse. He emphasized that GBV is a pervasive issue rooted in gender inequalities and harmful cultural norms.



He also reviewed various legal frameworks and interventions designed to address GBV:

- National Laws: Such as the Protection of Women from Domestic Violence Act (PWDVA) and the Sexual Harassment of Women at Workplace Act.
- **International Conventions:** Including the Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW).
- Judicial Mechanisms: The role of courts in enforcing rights and providing justice.
- **Support Systems:** The importance of shelters, counseling, and healthcare services for survivors

Dr. Amirthalingam's guest lecture provided deep insights into the complex issues of gender-based violence and its impact on health. The discussion underscored the importance of a multi-faceted approach to address GBV effectively. The session concluded with a call to action for increased awareness, stronger legal frameworks, and enhanced support systems for survivors.

Session 9 (2:45 PM- 3:45 PM)

Access to Mental Health Services: Legal and Social Perspectives

Dr.S.MARUTHAVIJAYAN

Assistant Professor School of Excellence in Law, The Tamil Nadu Dr.Ambedkar Law University, Chennai

Dr. S. Maruthavijayan, Assistant Professor at the School of Excellence in Law, The Tamil Nadu Dr. Ambedkar Law University, delivered an insightful 9th session on "Access to Mental Health Services: Legal and Social Perspectives". The lecture aimed to explore the multifaceted issues surrounding access to mental health services from both legal and social viewpoints. The session was attended by students, faculty members, and professionals engaged in the field of law and mental health.





Dr. Maruthavijayan commenced the lecture with an overview of mental health, emphasizing its importance for overall well-being. He discussed how access to mental health services is crucial for diagnosing, treating, and managing mental health conditions effectively. He detailed the legal frameworks that govern mental health services in India, including The National Mental Health Policy, 2014, The Mental Healthcare Act, 2017, Rights-Based Approach



Dr. Maruthavijayan highlighted several challenges:

- **Inadequate Infrastructure:** Limited mental health facilities and trained professionals, particularly in underserved regions.
- **Fragmented Services:** The disjointed nature of mental health services between different providers and levels of care.
- Legal and Policy Gaps: Issues in the implementation of mental health policies and ensuring compliance with legal standards.

Dr. S. Maruthavijayan's guest lecture provided a thorough examination of the legal and social dimensions of accessing mental health services. The session underscored the importance of a coordinated approach to improving access and addressing the challenges faced by individuals. The lecture concluded with a call for increased collaboration among stakeholders to enhance mental health care systems.

Valedictory (4:00 PM- 4:30 PM)

The valedictory session of ICSSR Sponsored-Two Days National Seminar "Health Rights and Legal Awareness: Enhancing Access to Healthcare for Rural Women" marked the conclusion of a successful event, bringing together diverse insights and achievements.

Key takeaways included:

- Enhanced Knowledge: Participants gained in-depth understanding and practical insights into [briefly describe key topics or themes].
- **Successful Outcomes:** The event met its objectives, fostering valuable discussions and networking opportunities.
- **Positive Impact:** The knowledge shared and connections made will have a lasting impact on the participants' professional and academic pursuits.



2. Feedback from Participants

Participants provided positive feedback, noting:

• Content Quality: The sessions were highly informative and relevant, with content tailored to current trends and challenges in [mention field or topic].

- Event Organization: The overall organization of the event was seamless, contributing to a smooth and engaging experience.
- **Speaker Engagement:** The speakers, including the Chief Guest, were appreciated for their expertise and effective communication.

3. Distribution of Certificates

The highlight of the valedictory session was the distribution of certificates to participants. Dr.Senthilmurugan, Director, A.V.C College of Engineering, Mayiladuthurai, presented the certificates, which recognized the dedication and engagement of each participant. The ceremony was conducted with great formality and respect, reflecting the significance of the event.



Dr. R. Renukadevi delivered the closing remarks, which included: She extended heartfelt thanks to Dr. Senthilmurugan for his role as Chief Guest and for personally presenting the certificates. She also thanked the speakers, participants, and organizing team for their efforts. She highlighted the key achievements of the event and reflected on the valuable insights gained. Dr. Renukadevi encouraged participants to apply the knowledge acquired and stay engaged with ongoing developments. She invited participants to remain connected with A.V.C. College of Engineering for future events and initiatives.

Convenor HoD

Dr.R.Renukadevi Dr.G.Sridevi